



# The Church of the Good Shepherd

Rocky Mount, North Carolina

THE THIRD SUNDAY IN LENT

MARCH 15, 2020 • 8:00 A.M.

MORNING PRAYER: RITE I

## Confession of Sin

The Book of Common Prayer, page 41

*Officiant* Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship him, let us kneel in silence, and with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

*A moment of silence is observed.*

*Officiant and People*

Almighty and most merciful Father,  
we have erred and strayed from thy ways like lost sheep,  
we have followed too much the devices and desires of our own hearts,  
we have offended against thy holy laws,  
we have left undone those things which we ought to have done,  
we have done those things which we ought not to have done.  
But thou, O Lord, have mercy upon us,  
spare thou those who confess their faults,  
restore thou those who are penitent,  
according to thy promises declared unto mankind  
in Christ Jesus our Lord;  
and grant, O most merciful Father, for his sake,  
that we may hereafter live a godly, righteous, and sober life,  
to the glory of thy holy Name. Amen.

*Officiant* The Almighty and merciful Lord grant us absolution and remission of all our sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit.

*People* Amen.

**Invitatory** .....42

*Officiant* O Lord, open thou our lips.

*People* And our mouth shall show forth thy praise.

*Officiant and People*

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be for ever. Amen.

**Jubilate** .....45

*Officiant and People*

Be joyful in the Lord, all ye lands;  
serve the Lord with gladness  
and come before his presence with a song.

Be ye sure that the Lord he is God;  
it is he that hath made us and not we ourselves;  
we are his people and the sheep of his pasture.

O go your way into his gates with thanksgiving  
and into his courts with praise;  
be thankful unto him and speak good of his Name.

For the Lord is gracious;  
his mercy is everlasting;  
and his truth endureth from generation to generation.

**Psalm 95**

*Venite, exultemus*

*Officiant and People*

- <sup>1</sup> Come, let us sing to the LORD;  
let us shout for joy to the Rock of our salvation.
- <sup>2</sup> Let us come before his presence with thanksgiving  
and raise a loud shout to him with psalms.
- <sup>3</sup> For the LORD is a great God,  
and a great King above all gods.
- <sup>4</sup> In his hand are the caverns of the earth,  
and the heights of the hills are his also.
- <sup>5</sup> The sea is his, for he made it,  
and his hands have molded the dry land.
- <sup>6</sup> Come, let us bow down, and bend the knee,  
and kneel before the LORD our Maker.
- <sup>7</sup> For he is our God, and we are the people of his pasture and the sheep of his hand.  
Oh, that today you would hearken to his voice!

<sup>8</sup> Harden not your hearts, as your forebears did in the wilderness,  
 at Meribah, and on that day at Massah, when they tempted me.  
<sup>9</sup> They put me to the test,  
 though they had seen my works.  
<sup>10</sup> Forty years long I detested that generation and said,  
 "This people are wayward in their hearts; they do not know my ways."  
<sup>11</sup> So I swore in my wrath,  
 "They shall not enter into my rest."

Glory to the Father, and to the Son, and to the Holy Spirit:  
 as it was in the beginning, is now, and will be for ever. Amen.

**The First Lesson** Exodus 17:1-7

*Reader* A Reading from the Book of Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink.<sup>2</sup> The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?"<sup>3</sup> But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?"<sup>4</sup> So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me."<sup>5</sup> The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go.<sup>6</sup> I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel.<sup>7</sup> He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

*Reader* The Word of the Lord.

*People* Thanks be to God.

*A moment of silence follows the reading.*

**Canticle 14: A Song of Penitence** *Kyrie Pantokrator* .....90

*Prayer of Manasseh 1-2, 4, 6-7, 11-15*

*Officiant and People*

O Lord and Ruler of the hosts of heaven,  
 God of Abraham, Isaac, and Jacob,  
 and of all their righteous offspring:  
 You made the heavens and the earth,  
 with all their vast array.

All things quake with fear at your presence;  
they tremble because of your power.  
But your merciful promise is beyond all measure;  
it surpasses all that our minds can fathom.  
O Lord, you are full of compassion,  
long-suffering, and abounding in mercy.  
You hold back your hand;  
you do not punish as we deserve.  
In your great goodness, Lord,  
you have promised forgiveness to sinners,  
that they may repent of their sin and be saved.  
And now, O Lord, I bend the knee of my heart,  
and make my appeal, sure of your gracious goodness.  
I have sinned, O Lord, I have sinned,  
and I know my wickedness only too well.  
Therefore I make this prayer to you:  
Forgive me, Lord, forgive me.  
Do not let me perish in my sin,  
nor condemn me to the depths of the earth.  
For you, O Lord, are the God of those who repent,  
and in me you will show forth your goodness.  
Unworthy as I am, you will save me,  
in accordance with your great mercy,  
and I will praise you without ceasing all the days of my life.  
For all the powers of heaven sing your praises,  
and yours is the glory to ages of ages. Amen.

### **The Second Lesson** Romans 5:1-11

*Reader* A Reading from the Letter of Paul to the Romans.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ,<sup>2</sup> through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God.<sup>3</sup> And not only that, but we also boast in our sufferings, knowing that suffering produces endurance,<sup>4</sup> and endurance produces character, and character produces hope,<sup>5</sup> and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.<sup>6</sup> For while we were still weak, at the right time Christ died for the ungodly.<sup>7</sup> Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die.<sup>8</sup> But God proves his love for us in that while we still were sinners Christ died for us.<sup>9</sup> Much more surely then, now that

we have been justified by his blood, will we be saved through him from the wrath of God.<sup>10</sup> For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life.<sup>11</sup> But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

*Reader* The Word of the Lord.

*People* Thanks be to God.

*A moment of silence follows the reading.*

**Canticle 4: The Song of Zechariah** *Benedictus Dominus Deus*.....50

*Luke 1:68-79*

*Officiant and People*

Blessed be the Lord God of Israel,  
for he hath visited and redeemed his people;  
And hath raised up a mighty salvation for us  
in the house of his servant David,  
As he spake by the mouth of his holy prophets,  
which have been since the world began:  
That we should be saved from our enemies,  
and from the hand of all that hate us;  
To perform the mercy promised to our forefathers,  
and to remember his holy covenant;  
To perform the oath which he sware to our forefather Abraham,  
that he would give us,  
That we being delivered out of the hand of our enemies  
might serve him without fear,  
In holiness and righteousness before him,  
all the days of our life.

And thou, child, shalt be called the prophet of the Highest,  
for thou shalt go before the face of the Lord to prepare his ways;  
To give knowledge of salvation unto his people  
for the remission of their sins,  
Through the tender mercy of our God,  
whereby the dayspring from on high hath visited us;  
To give light to them that sit in darkness  
and in the shadow of death,  
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be for ever. Amen.

### **The Third Lesson** John 4:5-26, 39-42

*Reader* A Reading from the Gospel according to John.

<sup>5</sup>Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. <sup>6</sup>Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. <sup>7</sup>A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." <sup>8</sup>(His disciples had gone to the city to buy food.) <sup>9</sup>The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) <sup>10</sup>Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." <sup>11</sup>The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? <sup>12</sup>Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" <sup>13</sup>Jesus said to her, "Everyone who drinks of this water will be thirsty again, <sup>14</sup>but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." <sup>15</sup>The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." <sup>16</sup>Jesus said to her, "Go, call your husband, and come back." <sup>17</sup>The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; <sup>18</sup>for you have had five husbands, and the one you have now is not your husband. What you have said is true!" <sup>19</sup>The woman said to him, "Sir, I see that you are a prophet. <sup>20</sup>Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." <sup>21</sup>Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. <sup>22</sup>You worship what you do not know; we worship what we know, for salvation is from the Jews. <sup>23</sup>But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. <sup>24</sup>God is spirit, and those who worship him must worship in spirit and truth." <sup>25</sup>The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." <sup>26</sup>Jesus said to her, "I am he, the one who is speaking to you." <sup>39</sup>Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' <sup>40</sup>So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. <sup>41</sup>And many more believed because of his word. <sup>42</sup>They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

*Reader* The Word of the Lord.

*People* Thanks be to God.

*A moment of silence follows the reading.*

**Apostles' Creed.....53**

*Officiant and People*

I believe in God, the Father almighty,  
maker of heaven and earth;

And in Jesus Christ his only Son our Lord;  
who was conceived by the Holy Ghost,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, dead, and buried.  
He descended into hell.  
The third day he rose again from the dead.  
He ascended into heaven,  
and sitteth on the right hand of God the Father almighty.  
From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.

**The Lord's Prayer .....54**

*Officiant* The Lord be with you.

*People* And with thy spirit.

*Officiant* Let us pray.

*A moment of silence is observed.*

*Officiant and People*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.

And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.

**Suffrages A.....55**

*Officiant* O Lord, show thy mercy upon us;

*People* And grant us thy salvation.

*Officiant* Endue thy ministers with righteousness;

*People* And make thy chosen people joyful.

*Officiant* Give peace, O Lord, in all the world;

*People* For only in thee can we live in safety.

*Officiant* Lord, keep this nation under thy care;

*People* And guide us in the way of justice and truth.

*Officiant* Let thy way be known upon earth;

*People* Thy saving health among all nations.

*Officiant* Let not the needy, O Lord, be forgotten;

*People* Nor the hope of the poor be taken away.

*Officiant* Create in us clean hearts, O God;

*People* And sustain us with your Holy Spirit.

**The Collect of the Day .....167**

*Officiant* Almighty God, who seest that we have no power of ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever.

*People* Amen.

**A Collect for Sundays .....56**

*Officiant* O God, who makest us glad with the weekly remembrance of the glorious resurrection of thy Son our Lord: Grant us this day such blessing through our worship of thee, that the days to come may be spent in thy favor; through the same Jesus Christ our Lord.

*People* Amen.

**A Collect for Strength and Confidence .....459**

*Officiant* Heavenly Father, giver of life and health: Comfort and relieve your servants who suffer from the coronavirus, and give your power of healing to those who minister to their needs, that they may be strengthened in their weakness and have confidence in your loving care; through Jesus Christ our Lord.

*People* Amen.

**A Collect for Mission .....58**

*Officiant* Lord Jesus Christ, who didst stretch out thine arms of love on the hard wood of the cross that everyone might come within the reach of thy saving embrace: So clothe us in thy Spirit that we, reaching forth our hands in love, may bring those who do not know thee to the knowledge and love of thee; for the honor of thy Name.

*People* Amen.

**Additional Prayers**

*Reader* We pray for those in trouble, sorrow, need, sickness, or any other adversity, especially Karen Diamond, Ginger Elliot, Evelyn Sanders, Stephanie Brown, Mary Alston, Gail Ayers, Patsy Dickens, Elaine Foley, Kel Landis, Brent Wilson, Janet Cooper, Ann Hartley, Nancy Penick, Jeffrey Reddick, James Boles, Jim Edwards, Linda Knight, Lib Blackburn, Helen Haynes, Carolyn Weeks, Kathryn Kelly, Frances Gaither, Ernest Wills, Carol Brinkley, Mary Dawson, Patricia Williams, Peggy Parker, Jordan Harrison, and others we name silently or aloud.

For those preparing for the birth of a child, especially Morgan and Benton Moss, Katherine and Erik Peterson, Caroline and Zach Roberson, and Hayes and Jody Willingham.

For those who have died, especially Amy McClure, Ed Astin, Bill Knight, and Page Lea.

**The General Thanksgiving .....58**

*Officiant and People*

Almighty God, Father of all mercies,  
we thine unworthy servants  
do give thee most humble and hearty thanks  
for all thy goodness and loving-kindness  
to us and to all men.

We bless thee for our creation, preservation,  
and all the blessings of this life;  
but above all for thine inestimable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.

And, we beseech thee,  
give us that due sense of all thy mercies,  
that our hearts may be unfeignedly thankful;  
and that we show forth thy praise,  
not only with our lips, but in our lives,  
by giving up our selves to thy service,

and by walking before thee  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with thee and the Holy Ghost,  
be all honor and glory, world without end. Amen.

**A Prayer of St. Chrysostom** .....59

*Officiant* Almighty God, who hast given us grace at this time with one accord to make our common supplication unto thee; and hast promised through thy well-beloved Son that when two or three are gathered together in his Name thou wilt be in the midst of them: Fulfill now, O Lord, our desires and petitions of thy servants as may be best for us; granting us in this world knowledge of thy truth, and in the world to come life everlasting.

*People* Amen.

**Dismissal** .....59

*Officiant* Let us bless the Lord.

*People* Thanks be to God.

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**CHURCH OF THE GOOD SHEPHERD  
AND DAY SCHOOL**

**231 N. Church St., Rocky Mount, NC 27804  
www.goodshepherdrmt.org (252) 442-1134**

**Sunday Services** 8:00 and 10:30 a.m.  
**Wednesday Services** 7:30 a.m. and 12:10 p.m.